

Thank you

for choosing “Salsa Gente” as source for your information!

We are community oriented and based in Santa Cruz and maintain Cuban-style Salsa dance since 2001. We offer classes and dance opportunities filled with lots of fun.

As courtesy, we describe some basic Salsa Rueda de Casino moves starting with Beginner level and list our Salsa Rueda Curriculum of classes. The curriculum may differ from other Salsa Rueda organizations or Website listings.

### Description of some Basic Moves of Salsa Casino Rueda style

<b>Name of Position</b>	<i>Description</i>
<b>guapea position/parallel arms</b>	(Left to Right) and (Right to Left). Leader is on the Right side of Follower. Leader and Follower face each other holding hands around waist level.
<b>pa'l medio position</b>	Leader is on the Left side of Follower. Leader and Follower face each other. Leader has Right Hand behind the back of Follower, Follower's Left Hand is on the Right shoulder of Leader. Leader is holding Right Hand of Follower with elbows bent upward. Palms and elbows are touching. Make an "L" shape with your arms.
<b>cross handed</b>	Couples face each other, arms crossed with Right hands on top.
<b>Sombrero arms</b>	Couples are side to side and Leader is to the Left of Follower. Leader has Left Hand behind own head holding Left Hand of Follower. Leader also has Right Hand behind the head of Follower holding Right Hand of Follower.
<b>Gancho</b>	Leader's elbow comes up and over the upper arm of the Follower. (Left to Right) or (Right to Left). From the gancho position never lead a turn by pushing from your elbow. Lift your elbow and lead with your hand.

<b>Name of Turn</b>	<i>Description</i>
<b>Right turn</b>	Turn toward your own Right shoulder
<b>Left turn</b>	Turn toward your own Left shoulder.
<b>Double turn</b>	Two turns instead of one.
<b>Cross body lead – CBL</b>	Follower begins on the Right side of Leader. Leader leads Follower to do a Left Turn crossing in front of Leader, switching sides.
<b>Right pivot turn – RPT</b>	Step the Left Foot into the circle on beat 1 and turn a quarter turn to the right while leaving your Right Foot on the circle line. Your Right Foot will pivot slightly to the Right. Quickly shift your weight to the Right Foot so that by beat 2 you are turning to your Right with your weight on your Right Foot which is on the circle. To finish the turn you spin to the Right on your Right Foot so that on beat 3 you can shift your weight onto your Left Foot as you are facing the inside of the circle.
<b>Left pivot turn – LPT</b>	Same as above except you begin with your Right Foot and turn to the Left

<b>Salsa Rueda Move</b>	<i>Move Description L=Leaders, F=Followers</i>
<b>pa'l medio</b>	Pa'l medio position. Together the couples lean outside the circle while tapping their inside toes on beat 1 and then inside the circle on beat 5 while taping their outside toes.
<b>caminamos (pa'rriba)</b>	Using pa'l medio position the couples are "walking" counter clockwise around the circle. Leader goes forward and Follower goes backward.
<b>caminamos (pa'bajo)</b>	The same as above only couples are moving clockwise around the circle. Leader goes backward and Follower goes forward.
<b>un tarro (hombres, mujeres)</b>	While doing caminamos pa'rriba, Leader moves ahead on the inside of the circle to next Follower while everyone continues to move in the same direction. While doing caminamos pa'abajo, Follower advances to next Leader moving around the outside of the circle.
<b>dos taros</b>	The same as the previous move except the Leader or Follower advance two places instead of one.
<b>una mentira</b>	From the guapea position Leader turns into the circle under own RA then returns to Right side of Follower.

**Continuation of Description of some Basic Moves of Salsa Casino Rueda style:**

<b>llevala pa'abajo</b>	Begin in pa'l medio position. Instead of the basic salsa step the Leader crosses in front of themselves on 1 & 5 towards the Follower. The Follower crosses in back of themselves on 1 & 5.
<b>Exhibela</b>	Begin in pa'l medio position. Leader leads Follower with Left Hand in a RPT into the circle. Leader gives a gentle push to shoulder of Follower to indicate that the turn is to be done into the circle.
<b>dos y una</b>	Three exhibelas in a row
<b>dile que no (dqn)</b>	Begin in pa'l medio position. Leader steps with LF into the circle slightly towards the F on 1. Follower steps back at the same time with the RF. Leader leads Follower with the RH behind the waist in a full turn to the Left crossing in front of Leader. Follower ends up to Left of Leader.
<b>Guapea</b>	Parallel hands, Leader on the Left side of F, couples face each other. On beat 1 both Leader and Follower release the inside hands and step outside of the circle. At the same time Leader leads F's Right Hand in a swinging motion toward the outside of the circle. On 2,3 & 4 both Leader and Follower step back onto the circle line and on beat 5 both step toward each other and meet the palms of the hands.
<b>Suena</b>	This literally means sound. Everyone stamps the inside foot on beat 5 into the center of the circle and holds for 2 counts.
<b>con bulla</b>	Suena done w/ a shout
<b>dame (una, dos, ...)</b>	Leader advances to Follower to the Rt. Both Leader and Follower use the footwork for dqn.
<b>Enchufla</b>	From guapea Leader steps back on 1 and leads Follower w/Left Hand in a 1/2 LT crossing in front of Leader. On 5,6, 7 Follower stays in place while Leader passes in front to the next Follower.
<b>enchufla pero no dqn</b>	Enchufla w/o the dqn. After the turn Follower remains to the Right of Leader. Leader leads Follower in caminamos.
<b>enchufla doble</b>	Just like enchufla except instead of directly moving on the next person Leader leads Follower back under their Left arm on 5,6,7. Then regular enchufla.
<b>enchufla p'al medio con dos</b>	Begin like enchufla. On 5,6,7 Leader begins to pass in front of F. Leader releases Follower's hand and on beat 1 claps 2X into the circle while traveling to the Right side of Follower. On beat 1 Leader steps into the circle w/ the LF and Followers are stepping back on their RF. When Followers enter the circle on beat 1 they clap twice. Repeat in and out of the circle, alternating Leaders and Followers in and out of the circle, until the next call.
<b>festival de enchufla (con vuelta)</b>	Three enchuflas in a row. On beat 1 of each cycle as you begin the dqn you clap. First time you clap once, the second time clap twice, and the third time you clap three times.

<b>dame una con una ... (dos con dos)</b>	The same as dame except there is a clap on beat 6 right before the dqn. The first number tells Leader how many F's to move over; the second number refers to the number of claps.
<b>la flor</b>	Begin w enchufla pa'l medio con dos. On beat 1 Leader brings arms toward the ground and then raises them over and behind the head (like a blossoming flower), as they back out of the circle. On 5,6,7 when the Followers are in the circle they begin the same motion.
<b>pasala con los manos</b>	All facing the center of the circle, L's and F's alternating places as in la flor but holding hands. After the call the L's go into the circle on 1,2,3 and on 5,6,7 as the L's back out of the circle they lead the F, who is on the Rt. in a LT crossing in front to the other side.
<b>dame con guaperia</b>	After guapea L's and F's drop hands and on beat 1. Both step into the circle back to back. Leader uses LF and F uses RF. On 2,3 both step back on the circle line. On 5,6,7 both do a pivot turn towards each other. Follower (RPT) and Leader (LPT).
<b>enchufla (con vuelta)</b>	Enchufla, but as the L's cross in front of the F's, right before the dqn the Leader does a LT.
<b>pelota loca</b>	stamp, clap, /stamp, clap,/ stamp, clap, clap, clap
<b>Adios</b>	After guapea Leader holds hands (L to R) and turns with the Follower to the Rt. After Leader goes all the way around with F, Leader goes underneath their own Left arm. Dame.
<b>adios (con vuelta)</b>	Adios as usual just add the LT for leaders
<b>festival de adios (con vuelta)</b>	Adios 3 X with claps and the LT for leaders
<b>Evelyn</b>	Begin (L to R). This is a RHT for Leader done on 5,6,7. Keep arms low. During the turn Leader switches hands behind the back to (R to R). Then dqn as usual.
<b>flamenco</b>	enchufla, Evelyn, exhibila
<b>sombrero</b>	Begin in cross handed position R hands on top. Leader leads the Follower in a two handed turn to the R crossing in front of the Leader
<b>medio sombrero</b>	Sombrero with one hand
<b>enchufla y casate</b>	enchufla, end with arms crossed in front walking counter clockwise, side to side.
<b>dame con sorpresa</b>	dame. Then Follower leads Leader on 1,2,3 in a cross body lead. On 5,6,7 Leader finishes with the cross body lead.
<b>enchufla pa'arriba</b>	Regular enchufla except Leader moves Follower on Leader. By 7 Leader should be on the Left side of the next F, ready for dqn.

## Curriculum of Moves of Salsa Rueda de Casino style

We tried to align the moves logistically based on type.

That is why you will notice some empty cells because some type of moves are represented in a Beginners 2 class but not in an Intermediate class. For example we aligned all Setenta moves horizontally in the same row of each level.

The curriculum may differ from other Salsa Rueda organizations, teachers or Website listings because there is no international standard but we tried to align the list as good as we thought it should be.

Also, we do not claim that this is a complete list of all Rueda moves. The list is developing over time.

We welcome feedback. Please, contact our management if you have any feedback.

Beginning 1	Beginning 2
Basic salsa step Posture Hand position, grips Basic inside and outside turns Pivot turn Suená Con una bulla	Hook turn Festival Con vuelta Tap ("Miami style") Check
Caminamos pa'riba, pa'bajo Hombres, mujeres un tarro Hombres, mujeres dos tarros Son montuno Un tarrito Una mentira Pa'l medio El pozo	Cerrucho Cerrucho y dame La flor Pasala con las manos Hombres a la derecha/izquierda Mujeres a la derecha/izquierda
Llevala pa'bajo Exhibela Exhibela doble	Llevala pa' bajo de verdad Dos y una Danilo Danilo y dame Danilo y dame Danilo y dame pa'riba Evelyn
Guapea Dile que no (dqn) Dame una (dame) Dame dos Dame una con una, (...dos con dos) Un fly, una foto	Guapea y caminala Dame con guaperia Dame con dos manos Dame dos con Cuba

**Continuation of Salsa Rueda Moves Beginners level:**

Enchufla Enchufla pero no dqn	Enchufla doble Enchufle pa' l medio con dos Enchufla sin manos con palmadas Enchufla con vuelta Enchufla y casate Festival de enchufla con vuelta Flamenco
	Adios Adios con vuelta Adios con la hermana Festival de adios
	Sombrero Medio sombrero Televisor
	El uno El dos
	Candado

<b>Intermediate 1</b>	<b>Intermediate 2</b>
Hombres adelante Coca-cola Pa' rriba	Barrel turn Alarde Gancho
Veintidos (22) Treinta y tres (33) Ocho (8) Cero (0), cero pa' rriba Pelota loca La botella, la tapa Tanca, la de abajo	Cuarenta y cuatro (44) Revisala
Siete (7) Siete (7) con Coca-cola Vacilala, y dame Vacilon Coca-cola con mano Coca-cola pa' fuera Coca-cola pa' rriba	Siete moderno Coca-cola unisex Coca-cola por detras Diet Coke Dos y una loca Vacilense los dos Tocale la T
Dame con sorpresa Dame pa' rriba Dame y no le llegues Dame con estilo Dame con siete	Dame dos y una pa' rriba Dame con carruca La Russa La complicada

**Continuation of Salsa Rueda Moves Intermediate level:**

Enchufla pa'riba Enchufla con candado Enchufla y mambo Paseala Paseala pa'riba Al corto con la bola	Enchufla y botala Enchufla pa 'l medio con clave Alexis 2000 (dos mil)
Sombrero doble Sombrero y mambo	Sombrero doble Miami Juana la Cubana Abanico Hueco Tropicana Montana Russa (Cuban style, Miami style) Balsero El beso Besito Abrazala
Doce (12)	Ponle sabor
Setenta (70) Setenta Miami Setenta complicado Sambuca Noventa (90)	Setenta y uno (71) Setenta y dos (72) Setenta y cuatro (74) Setenta Omar Setenta nuevo
Kentucky	Guarapo largo Dedo Dedo Guarapo y botala

<b>Advanced 1</b>	<b>Advanced 2</b>
Double turn (leaders) Por debajo	Josefa
Cadaneta Setenta con manos	Treinta y tres (33) complicado Adios complicado Classico
Three way stop El atrevido Huracan Registrala	Siete loco Siete loco complicado Vacilala loco Rumbera Kiwi La cuadra
La Tuya Jackie Chan Gurapo largo La Jenny Paseala y complicate Paseala por el parque El Zorro	La Jenny complicada El nino Vayamos en coche Guanabo Sabor y cache Abanico complicado Leoncio complicado Prismas Sandoga Remolino
	Adios largo
Rubenada Window Beso por debajo Sombrero por debajo Sombrero de Manny	Ochenta y cinco (85) Sombrero complicado Sombrero doble complicado Sombrero por debajo complicado Peine La Rosa
Sabor complicado	Cuba libre El uno complicado Durdu El Loco
Setenta de Manny Setenta complicado con gancho Siete setenta Setenta por debajo La cunada Azuquita El sueter Tijera Consorte	Leoncio Carnaval Carnaval unisex Setenta complicado al derecha al revers Ajiaco 2000 (dos mil) Quito de Milau
Cambie el paso	Candado complicado Kentucky complicado
Dedo doble Dedo saboreado	La Julie